



The Big Red Barn Retreat and Capital City Therapy Group is excited to host

SONGWRITING FOR THE SOUL

Music Group for Veterans and all Service Members

DATE: 6 WEEK PROGRAM, APRIL 3RD - MAY 8TH

TIME: THURSDAYS, 12 PM TO 2 PM

LOCATION: BIG RED BARN LOUNGE

Have you ever wanted to write a song, but didn't know where to start? The Big Red Barn will offer a course to give you the confidence and tools to fulfill that dream!

This six-week course, with board certified music therapist, Laura Theismann, will teach the basics of songwriting and allow participants to create an original composition by the end of the course.

NO MUSICAL SKILLS REQUIRED. Fill out the interest to be considered for the course.

CLICK HERE TO FILL OUT OUR INTEREST FORM:
[SONGWRITING FOR THE SOUL INTEREST FORM](#)

Creative Forces Community Engagement Grants are part of the National Endowment for the Arts' Creative Forces® initiative, in partnership with Mid-America Arts Alliance.